

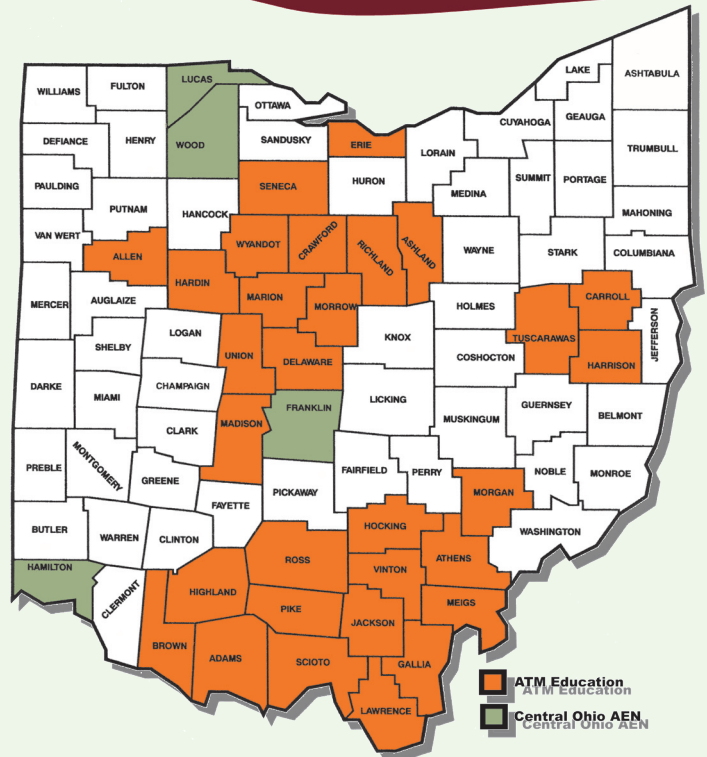
ATM Education Evaluation Report

2003-2006

Abstinence education works! It is powerful. It brings results! Abstinence education is medically accurate. It is the presentation of medical facts and relevant statistics. Abstinence education presents the truth to our young people and our communities. Abstinence education encourages students to evaluate current information and make decisions that will positively impact the rest of their lives. When students practice abstinence until marriage, they are healthier, do better academically and live happier, more fulfilling lives. Their children are healthier and do better in almost all aspects of life. These facts prompted the bi-partisan U.S. government since 1996 when The Welfare Reform Act of 1996 was passed, to support abstinence and marriage education as being the best practice for the young people of the United States. With all the studies of the past fifty years, this is one thing we can agree on – our students deserve the best chance at a prosperous, healthy life and abstinence 'til marriage will lead them in that direction.

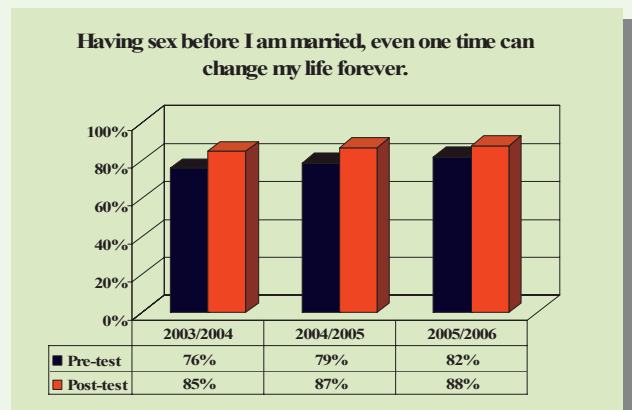
This is a report of survey results from the past three school years (2003-2006) for ATM Education which is presented in 27 Ohio counties. During this period, ATM Education and its partner, Central Ohio AEN, served 111,804 students in 35 counties. We served 13,674 adults in Ohio and several other states, including Puerto Rico. In October of 2004 we provided seminars in three cities in The Ukraine. Our curriculum, *Relationships Under Construction* is dispersed in several other countries including Mexico, former Russia, England, several countries in Africa and South America. Many adults heard the abstinence 'til marriage message in classrooms, assemblies, web parties, parent meetings and teacher in-services. Numbers served each year are represented in the following table:

ATM Education	2002/03	2003/04	2004/05	2005/06	Totals
Students		12,797	24,399	28,564	65,760
Adults		1,033	1,978	5,932	8,943
Counties served		24	25	27	
School Districts		59	93	106	
ATM Matched Surveys		2,872	6,192	6,046	15,110
Central Ohio AEN	2002/03	2003/04	2004/05	2005/06	Totals
Students	13,746	22,956	2,022	7,320	46,044
Adults	2,294	1,707	122	621	4,744
Counties	24	35	4	4	
Total Students from a 35 Ohio county area 2002-2006					111,804
Total Adults from several states & a few countries 2002-06					13,674



ATM Education evaluation is conducted by The Applied Research Center at Miami University, Middletown, Ohio under the direction of Dr. Robert Seufert. Almost every student served completed a pre- and post-survey. Random sampling of the 65,760 surveys produced 15,110 matched pre- and post-surveys which serve as the basis of this report. **Evaluation results that show even a three percent positive change represent thousands of students and are very positive.** ATM Education's evaluation results are positive throughout. These positive results prove that abstinence education does work.

The following graphs and quotes provide a snapshot of the data collected.

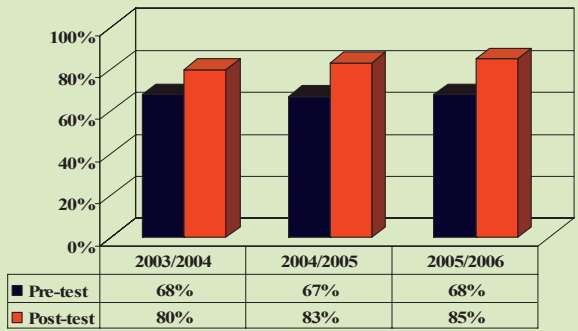


An eighth grade female states, "Half the people in our school have already had sex, except me. I'm glad you teach this class 'cause it makes me think twice about having sex."

Seventy-six percent of students instinctively know that "Having sex before I am married, even one time, can change my life forever." Each year the percentage of students realizing that this statement is true increased six to nine percent after the program was completed. The increase in the percent of students responding on the pre- survey indicates that students, teachers, parents and possibly the community are discussing and agreeing with this statement. ATM Education works diligently to gain at least a three percent increase and this question demonstrates not only a dramatic increase from pre- to post-test each year, but an increase in the post-test results of three percent from 2003 to 2006.

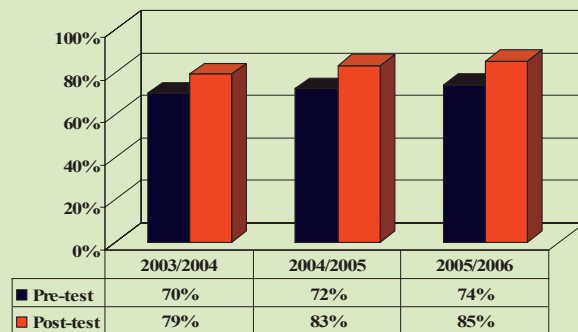
A tenth grade male states, "The presentation really showed the reality of it. Before this, I had already made the choice to wait until marriage, but I know some people in the class that it probably affected in a major way. Thanks."

Abstinence is choosing to stay away from behaviors that could hurt me.



"Abstinence is choosing to stay away from behaviors that could hurt me," is a question that brings even better results and is an important concept for young people to realize. The increase from pre- to post-survey moved from 12 percent the first year to 16 percent the second year and 17 percent the third year. A five percent increase is indicated over the three year period on the post test results as they move from 80 percent to 85 percent.

Abstinence until marriage is the healthiest choice for any person, especially teens.

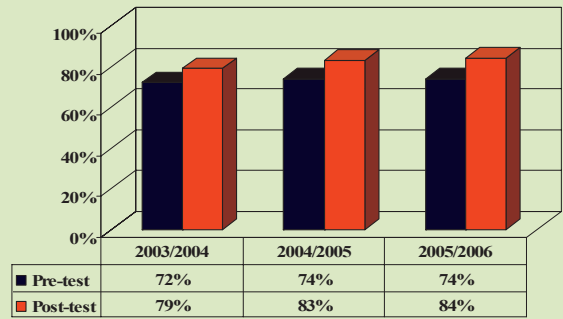


What do we want for our young people? We want them to be healthy and happy. Abstinence until marriage provides the healthiest choice for any person, especially teens. This concept is adopted by 85 percent of the teens after the program by ATM

Education. An increase of nine percent to eleven percent occurs from pre- to post-survey and an overall increase from the first year to the third year is six percent.

In a world where it looks like young people have lost respect

Remaining abstinent shows respect for yourself and your partner.



for others and most often their partners, this is a 'pendulum swinging' question. Young people do understand that not having sex with their partner shows respect for their partner. It seems they have made a leap for more happiness in their relationships. Eighty-four percent of these wonderful young people agree that remaining abstinent shows respect for themselves and their partner. Notice the increase from 2003/04 on the pre- is 72 percent agreeing to 05/06 with 84 percent agreeing on the post-test, that is an increase of 12 percent with a bottom line post-test increase of five percent.

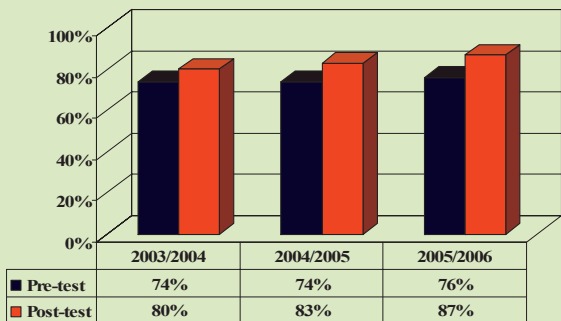
A ninth grade male states, "I learned a lot about STDs and how to properly commit to a relationship." Our curriculum is called **Relationships Under Construction** and is designed to teach young people how to build positive relationships. We feel we provide the missing puzzle piece when it comes to teaching our young people how to have healthy, happy, productive lives. Relationships are important in every walk of life and even though we teach more about building relationships that could lead to marriages that have the potential to last for a lifetime, the lessons learned are applicable to all relationships. People applying these concepts have a better chance of being successful and raising healthy children.

A tenth grade female states, "I think that the pictures, along with stuff about integrity and purity, are good and should be seen by teens everywhere. This is a program that will be beneficial to many teens." Integrity- now that is a concept that is long overdue. We are happier and healthier if we practice integrity with the attributes of being honest, truthful, reliable, having honor. Integrity is associated with "doing what is right even when no one else knows or sees what you are doing – even in the dark!" Purity, on the other hand, is defined as "clean, wholesome, decent." We all want pure, clean water. Why wouldn't we want pure, healthy in mind, heart, body and soul kids? Purity and integrity can produce happier children who, in the end, have much less to worry about and can have more fun than those who choose the opposite path.

In a discussion of alcohol and drug use, purity and integrity make so much sense. We are helping our young people realize that drug and alcohol use does not produce a physically pure, healthy body nor a mind of integrity and honor. Alcohol and drug use in teens encourages lying, cheating, stealing and deception. It interferes with academics and positive community life. We can agree that alcohol and drug use is not healthy for teens. Why can we not apply the same logic to sexual activity? Can we not look at the consequences to recognize the disastrous results for our young people?

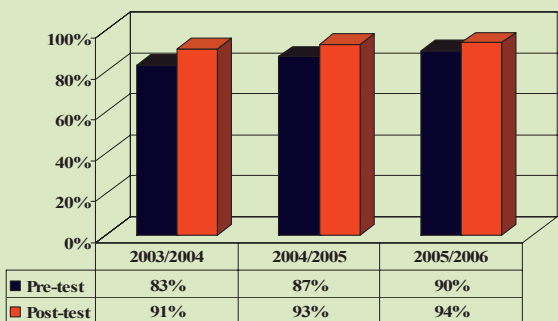


Using alcohol and/or other drugs makes teens more likely to have sex.



Because the cost to our government (the cost to us) is over \$7 billion in direct costs and \$29 billion in indirect costs for out-of-wedlock teen pregnancy, this next chart of pre- and post-survey results is quite revealing. Most teens realize that having a baby in their teen years will cause problems, but did they equate having sex with getting pregnant? These stats show that after our program they are more likely to equate the two. From 83 percent in 03/04 to 94 percent in 05/06, these are the highest percentages we have seen in our twenty years of teaching this subject.

The best way to avoid an out-of-wedlock pregnancy is to wait until marriage to have sex.



Many of our young people are depressed. Many are on prescription medication for depression. There are many factors causing our young people to be depressed. According to the National Longitudinal Survey of Adolescent Health known as the Ad Health Survey from Wave II released in 1996, sexually active teen girls are three times more likely to be depressed than girls who are not sexually active. Boys who are sexually active as teens are twice as likely to be depressed as those who are not sexually active according to this survey. This same survey reports that sexually active girls are three times more likely to commit suicide while sexually active boys are eight times more likely to commit suicide than those who are not sexually active.

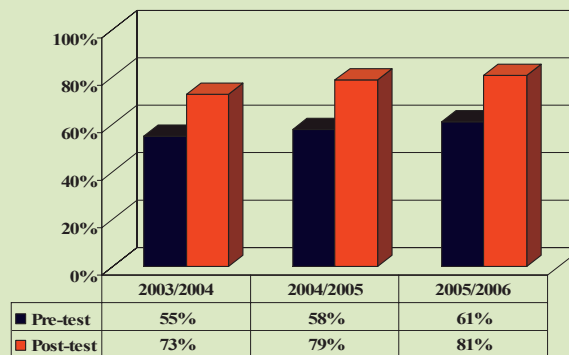
The fact that having sex outside of marriage can cause depression is not known by the majority of our populace. But it rates up there with doing something that we inherently know is wrong, like lying, stealing or cheating which causes major problems with our psychological functions. We are sad because we participated in something that could have disastrous consequences. It could hurt us or someone we care about. In fact; it often does hurt us for many reasons, one possibly being because we did not perform up to our own personal standards. Our actions may not lead us closer to life goals but often further from

them. Depression hurts us and everyone around us – as the commercial portrays. Why not skip the drama and the depression by choosing to abstain from risky behaviors including alcohol, tobacco, other drugs and sexual activity outside of marriage especially as teenagers?

Dramatic results are indicated with this survey question. Only 55 percent of the students surveyed on the pre-survey agree that, "Having sex outside of marriage can cause depression." On the post-survey in 03/04 a jump of 18 percent agree on the post-survey. The results increase dramatically each year of the program and peak at 81 percent in 05/06.

An eleventh grade female states, "I didn't really think much of having sex with my boyfriend and we did it a lot. But during this week we haven't, and I've been a lot happier. I don't plan on having sex again until marriage."

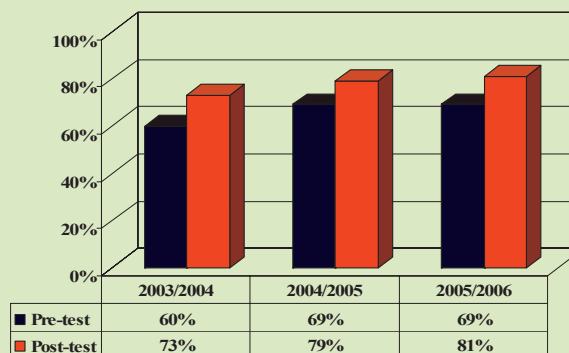
Having sex outside marriage can cause depression.



Marriage is another factor to be considered and many studies over the past several years indicate that marriage is a healthier place for adolescents to grow into healthy adults. Studies show that adolescents in married families are the least likely to be depressed than those in any other family type. The Ad Health Study, Wave II, 1996 indicates that adolescents of single, never-married mothers are almost twice as likely to report sadness as are adolescents of intact married parents. We know that single moms and dads can do a great job of raising great kids, the question is, should they have to raise their children by themselves?

The pendulum is swinging because many young people are searching for happiness. Their dream is to live in a well-functioning family – a loving home. Money is not as important to this generation as well-being and happiness. They are looking for someone to tell them how to build a good relationship and how to build a marriage that can last for a lifetime.

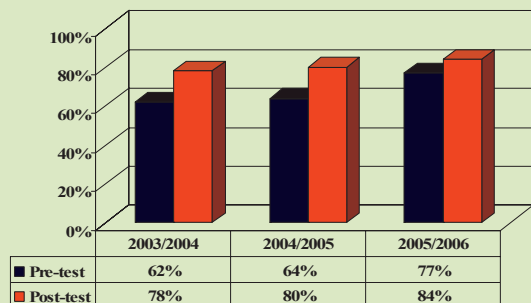
It is important to be married before I have sex.



Perhaps one of our most important survey questions is "It is important to be married before I have sex." We do not ask students if they have had sex because it is an invasive and misleading question. Questions like this one help us determine what young people value. From 1998-2002, the highest percentage ever tallied for this question was 60 percent. It is interesting to see the movement from 60 percent in 2003 to 81 percent by 2006. The pendulum is swinging. Our young people are returning to more traditional values even though it may take them some time to actually move back to functional marriages. It looks like we are on our way. Another interesting factor is that these particular results are from virgin territory in 2002/03 meaning that there was virtually no, or very little, abstinence programming being taught in the 24-county area identified by Central Ohio AEN and ATM Education. A twenty-one percent increase is stupendous. Abstinence education works!

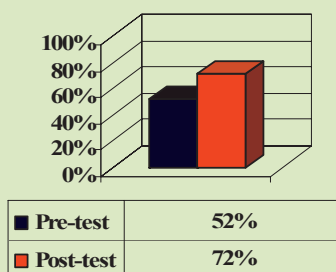
A ninth grade female states, "Thank you for telling me how to make relationships work." Another ninth grade female states, "I have already been sexually active and from the things I have learned in just one week, I am going to be abstinent until I marry the one I am going to spend the rest of my life with. Thank you. You saved me and my partner and I really do appreciate it. Thanks again!"

Even if you have already had sex, you can choose to save sex for marriage only.



Understanding Renewed Abstinence can be baffling to some, but as you can see, the results gained by teaching *Relationships Under Construction* show a 22 percent increase from 2003/04 with 62 percent agreeing on the pre-survey to 84 percent agreeing on the post-survey in the third year.

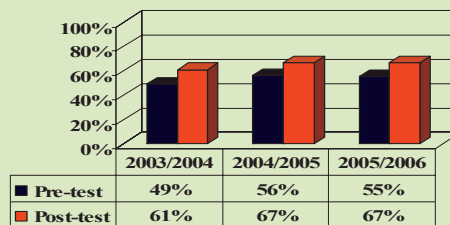
Having sex now will negatively affect my marriage in the future. (05 06 only)



The question, "Having sex now will negatively affect my marriage in the future," is a question that we had on our surveys previously and added it again in 2005/06. Each time it is on the survey, it shows very promising results and almost always has a 20 percent spread from pre- to post-survey. After the program, more students realize that having sex now will negatively affect their marriages in the future. This is a very important gain for our program and future families.

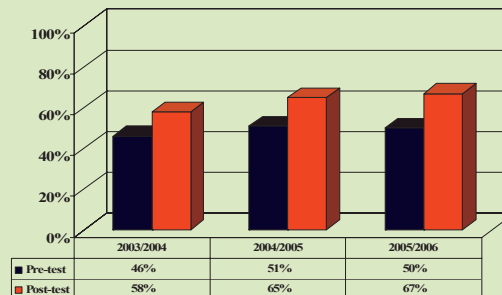
Our kids deserve the best. Why not give abstinence education the same 40 years that contraceptive education has had, and by the way, where is any proof that contraceptive education works? This report is one of many that prove the value and the results of abstinence 'til marriage education.

From this day forward, I will wait to participate in sexual activity until marriage.



After the program, 81 percent of the students agree that, "It is important to be married before I have sex," not quite as many are ready to make a commitment to that effect. Sixty-seven percent agree that, "From this day forward, I will wait to participate in sexual activity until marriage." The increases from 49 percent agreeing on the pre-survey in the first year to 67 percent on post-survey are very dramatic results. This is also much higher (13 percent) than the national average of 54 percent agreeing with this question and speaks volumes about our program and the effect it is making.

I have made a personal pledge to remain sexually abstinent until marriage.



Even more dramatic are the results from pre- to post-survey for this question. In 2003/04 the pre-survey shows 46 percent of students had already made a pledge before the program and another 12 percent or 58 percent made a pledge during the program. In 2004/05 there was an increase of 14 percent from pre- to post-survey and in 2005/06 a 17 percent increase. This graph also shows an increase of nine percent from the first post-survey to the third year post-survey. Awesome results! These results show that students and adults are talking about abstinence – it is a community response. Many communities are providing programs which help their young people make this commitment and our hats are off to them. What a strong team we can make. We are excited about these results and so encouraged that our young people show such promise and hope for their futures and their future families.

Family and community values are extremely important to young people. According to a study conducted by Zogby International with results released in 2004, 91 percent of parents want teens to be taught that sex should be linked to the type of love and commitment found in marriage. According to Robert Rector, Melissa G. Pardue and Shannan Martin, "What Do Parents Want Taught in Sex Education Programs?" *The Heritage Foundation Backgrounder*, No. 1772, January 28, 2004 found that some 84 percent of parents favor teaching students to practice abstinence until a couple is married. 84 percent of students say they should be taught a strong abstinence until marriage message. Recent studies show that students who practice abstinence do better academically. There are many positive results when children and young adults develop and practice an abstinent lifestyle.